



Girls Inc. of the Pacific Northwest

Serving Multnomah County

Overview

Girls Inc. of the Pacific Northwest inspires all girls to be strong, smart, and bold. We make an impact in the communities we serve by equipping girls with the skills and confidence to access a bright and economically-independent future. By focusing on the whole girl from ages 6-18, we provide life-changing after school programs and experiences that help girls grow up to be healthy, educated, and independent. Our trained volunteer leaders, research-based curricula, and pro-girl environment provide girls with the tools, confidence, and support to realize their own power.

Girls Inc. of the Pacific Northwest programming is available through Girls Groups held at schools and community sites around the greater Portland area. Girls Groups are the most popular way for girls in our community to access our programming. The curricula teaches girls to be **STRONG**, through lessons and activities supporting healthy living; **SMART**, through hands-on activities involving STEM concepts and college preparation; and **BOLD**, through discussions and activities that promote economic and media literacy, and leadership skills.

How do Girls Groups work?

- Girls Groups meet with their Girls Inc. volunteer Girls Guides weekly for 90 minutes over three eight-week terms each school year.
- Each group is made up of girls from two consecutive grade levels.
- Girls Groups will spend each term finding their way through the age-appropriate component of one of our Girls Inc. curricula with the help of our Girls Guide volunteers and facilitators.
- The majority of our Girls Groups are available throughout the school year and as a component of our summer programs

Mission & Vision

To inspire all girls to be strong, smart, and bold. Empowered girls and an equitable society.

Fast Facts

- In the 2015-2016 school year, Girls Inc. of the Pacific Northwest served 1,700 girls
- 66% of participants increased or maintained a high level of confidence
- 65% of participants increased or maintained a high level of positive social behaviors
- 81% of participants increased or maintained knowledge of the subject matter

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**girls
inc.**

of the Pacific Northwest



“Girls Inc. has given me a chance to learn, to have confidence, and to love myself for who I am. Girls Inc. has made such a huge difference in my life, from learning how to be an ally, to meeting women in positions of power who I can look up to.”

Amaya, Girls Inc. girl

For more information about Girls Inc.
of the Pacific Northwest,
visit girlsincpnw.org

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