



# YMCA of Rogue Valley

Serving Jackson County

## Overview

The YMCA of Rogue Valley is a values-based program that helps nurture children's healthy development. Well trained staff provide safe, quality care so parents can have peace of mind. The YMCA partners with parents, schools, and other agencies to help children grow up healthy, happy, and strong. A family-centered program is offered for children on-site at the local elementary schools. Youth learn the core values of being caring, honest, respectful, and responsible from our positive role models. The Y provides age-appropriate activities that develop social skills and decision making. Academic support is paired with fun and exciting activities to build healthy, happy kids. The YMCA strengthens community by focusing on youth development, healthy living and social responsibility. The YMCA of Rogue Valley works closely with the local school district, local non profits, and community members.

Afterschool includes but is not limited to homework assistance, snack, structured gym games, crafts, STEM programming, nutrition, and outdoor activities. The program is offered all day outs (in-service days), school break day camp and summer day camp. Children from 5 years – 16 years are served. Afterschool program runs from when school gets out until 6pm. All day outs and day camp run from 7:30 am – 6:00pm, locations vary. The YMCA made a promise to our community to provide child care every day. Including but not limited to snow days or unexpected closures. We are closed for only 6 major holidays.

### Values:

Caring- Show concern for others.

Honesty- Be truthful in what you say and do.

Respect- Treat others how you want to be treated.

Responsibility- Be accountable for your promises and actions.

## Mission

To put Christian principles into practice through programs that build healthy spirit, mind and body for all.

For more information, email  
[afterschool@rvymca.org](mailto:afterschool@rvymca.org) or  
visit [www.rvymca.org](http://www.rvymca.org)

**OregonASK**  
Expanded Learning Partnership  
[www.oregonask.org](http://www.oregonask.org)



**FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**