Dr. Kendra Coates
The Power and Potential of a Growth Mindset and Social & Emotional Learning in our Quest for Quality

Dr. Kendra Coates is a steadfast believer in accessing and celebrating our unlimited potential. She is a learner, mom, educator, author, consultant, and coach. She is the author of Growing Early Mindsets™ (GEM™), a new literacy-based teaching and learning framework from Mindset Works, the global leader in growth mindset. Kendra has twenty years of PreK-12 teaching and leadership experience and currently serves as Regional Director of P-3 Education for Central Oregon. She holds a M.A.T. in Special Education, a M.S. in Curriculum and Instruction, and a D.Ed. in Educational Methodology, Policy, and Leadership. She holds educational licenses in literacy, PreK-12 special education, early childhood and elementary education, and school administration in the state of Oregon.
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<th>Time</th>
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<tr>
<td>8:00 AM - 9:00 AM</td>
<td>Registration and Morning Refreshments</td>
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<tr>
<td>9:00 AM - 10:30 AM</td>
<td>Welcome and Keynote with Dr. Kendra Coates</td>
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<td><em>The Power and Potential of a Growth Mindset and Social &amp; Emotional Learning</em></td>
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<td>10:30 AM - 11:00 AM</td>
<td>Morning Break</td>
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<td>Lunch and Resource Fair</td>
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<td>Workshop Session 2</td>
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Connecting with ELL (English Language Learner) Families
This session will include sharing from several panelists working with ELL families, their strategies and expertise on building inclusive practices into your program. Participants will learn who you should be connected with, outreach strategies for families, finding the key conduits, utilizing community partners, building authentic relationships, and where to find more resources/local experts on culturally responsive practices for your community.
Set 1 | DIV | Panel facilitated by Ewa Chompka-Campbell

Girls Who Code: Teaching Girls to Code and Change the World
Girls Who Code believes all girls are capable of making a positive impact on the world through computer science. Come learn how you can encourage and equip school age girls in your community to connect their new coding skills and confidence to change the world! Join the movement to close the gender gap in technology!
Set 2 | DIV | Facilitated by Erin Barnhart

Partnerships and Prosperity in Rural Oregon
Representatives from several programs around rural Oregon will share about their experiences building collaborative partnerships and different models for engaging ‘local’ community or industry in various ways including utilizing partners and the Community Engagement Model. We will have representatives from City of Lincoln City, Tillamook County Family YMCA, Curry Public Library, Central Oregon Youth Development Inc, and Three Rivers School District.
Set 1 | FCS | Panel facilitated by Juan Soto

Never Too Old to Play-The Benefits of Play on Development in Afterschool Programs
Play isn’t all fun and games — it’s also an important teaching tool! Through play, kids learn how to interact with others and develop critical lifelong skills. In this session we’ll learn about the benefits of play and why play is an important component of an afterschool program. For staff serving K-5th grade students.
Set 2 | HGD | Facilitated by Kassy Rouselle

Be a Food Hero at Your Site
Join Oregon State University (OSU) Extension Service in a tasty, hands-on workshop that includes a healthy recipe demonstration, best practices for kitchen safety and new resources from Food Hero that coordinators, educators and food service staff can use to promote healthy foods within school age afterschool and summer programming!
Set 2 | HSN | Facilitated by Carly Kristofik and Kelly Noack

Bring Your Program to Life with Agriculture
Join us for this engaging hands-on workshop and learn how easy it is to incorporate agriculture and natural resource topics into your program year-round. We will get our hands dirty practicing several lessons and activities that are all ready to use in your program. We’ll wrap up by exploring dozens of resources that are easy to access and FREE!
Set 2 | LEC | Facilitated by Brittany Capell
Creating Safe Spaces for STEM: Destigmatizing and Depressurizing Afterschool STEAM Activities

Afterschool STEAM enrichment can be an opportunity for school-age students to solidify and develop their understanding of in-school content while building motivation and curiosity about STEAM fields. We will cover some general STEAM/STEM strategies, specific tactics and hands-on activities to make STEAM approachable and fun!

Set 2 | LEC | Facilitated by Colin Crane-Smith

Resilience Can Be Taught! 10 Tools to Motivate ANY Student

Discover 10 tools to help you foster resilience in even the most unmotivated students. Whether you work with students one on one, in small groups, or in a classroom, this breakthrough presentation will give you skills to deliver resilience to school age students of ANY background and learning style.

Set 2 | LEC | Facilitated by Christian Moore

Crafting Effective Youth Program Evaluations

Participants in this workshop will examine the fundamentals of creating and implementing youth program evaluations, and how to effectively analyze and use data. This workshop will incorporate the use of an Equity Lens in the evaluative process, along with assessing the presence of key components of effective youth programs.

Set 2 | OA | Facilitated by Brent Balog

Partnering to Create and Sustain Programs for Student Success

Participants will review opportunities to connect with school, state and national policy and legislation requirements to improve program systems. We will discuss education and human service policies that program leaders can utilize to strengthen partnerships. Topics will include ESSA, Oregon’s Student Success Act, DHS Self-Sufficiency and Continuous Improvement Plans (CIP). Participants will discuss local opportunities to partner within new and existing policy in order to create high quality, sustainable programs for students who have historically been underserved.

Set 2 | PM | Facilitated by Susan Inman

Leading Through Teamwork: Conversation and Reflection Techniques to Address Program Pitfalls

This session will explore the Critical Friends Protocol and other leadership techniques to help program directors and teachers who feel like they are “on an island” overcome problems that arise at program and within their teams. You will practice applying problem solving methods and walk away with immediately useful tools to start these important conversations with your teams.

Set 2 | PPLD | Facilitated by Aiko Sato

Creating Brave Space to Create

This session will be focused on specific methodologies used by My Voice Music, such as trauma informed approaches and strengths based coaching, that build safe spaces for youth to be creators. Participants will discuss and explore why these components are important in creating the right environment for youth to express themselves. Participants will practice the application of strategies and find how these methods can be incorporated in any afterschool or summer space to authentically engage middle and high school age youth.

Set 2 | UGB | Facilitated by Ian Mouser

Getting to the Heart Through SEL: Supporting Student Behavior for Success

Participants will gain an understanding of how trauma and behavior play a role in social-emotional learning and examine how adult SEL competencies intersect with school age student social-emotional learning. Participants will leave with practical strategies and resources to immediately integrate into their work.

Set 2 | UGB | Facilitated by Beth Wigham, Raquel Gwynn, and Suzanne Hidde
Workshop Session 2
1:30 PM - 3:00 PM

Equity in Afterschool 101
This interactive session is designed to help afterschool & summer program staff explore and practice fundamental concepts and skills of Equitable & Inclusive practices. Participants will discuss the difference between equity and equality, strategies for de-centering from a dominant culture, and how to be intentional about supporting equity work, whether your program looks ‘diverse’ or not. Participants will leave an understanding of what it means to be equitable in providing expanded learning opportunities for all ages.
Set 2 | DIV | Facilitated by Tristan Penn

From Fans to Champions: MESA's Community Involvement Model
Oregon MESA has grown its services from 14 to 30 schools in the past three years. In 2018, MESA collaborated with partners to create a Community Involvement Model to ensure our policies, strategies, and decisions are guided and implemented by our communities. This session will help organizations explore how to engage community members in meaningful decision-making and build local advocacy that supports youth, utilizing partners and the Community Involvement Model.
Set 2 | FCS | Facilitated by Kelly Cousineau and Tamara DePue

Exemplary Practices for Building Authentic Partnerships
Participants will discuss and explore Authentic Partnerships: What are they and how do we utilize them in building stronger systems? We will go over when & how you should make formal agreements and the importance of identifying joint objectives all partners are working towards. We will explore local exemplary practices and strategies for incorporating partnerships in any program, particularly how partnerships influence school climate in addressing kids levels of toxic stress. Discussion will focus on programs serving elementary and middle school youth.
Set 2 | FCS | Facilitated by Lennie Bjornsen and Bill Stewart

Partnerships to Support Healthy Schools and Communities
Participants will learn about state and national funded projects happening in Oregon to support Healthy Schools initiatives. The session will give an overview of opportunities that increase school and community connections for improving healthy habits in youth. State agency and community based partners will share about the critical role and various opportunities that expanded learning partners have in aligning to and participating in these efforts.
Set 1 | HSN | Facilitated by Suzanne Hidde, Jennifer Young, Crista Hawkins, and Fatima Jawaid

Digital Storytelling for Young’uns Part 1
How do you make someone care about your story? This workshop will introduce the essential pieces of telling a powerful story and allow participants to discuss strategies/technologies that can help guide youth through that process of developing their story. Part 2 of this session will be hands-on practice of Part 1. Participants are expected to attend Part 1 if they plan to be in Part 2 but may choose not to do additional practice session.
Set 1 | LEC | Facilitated by Seth Ring and Jessica Lui
National Geographic: Geo Inquiry Tools and Resources
This training will explore National Geographic Geo Inquiry, a set of resources and tools to use to inspire and engage youth as they explore the world. This session will be a hands on look at National Geographic curriculum and strategies that can be used to explore any topic including STEM, Art, History and Social Studies through geography.
Set 2 | LEC | Facilitated by Rachel Kessler

STEM-ulating Afterschool Activities on Human Ecology
Explore innovative ways to teach school age youth about human-environmental interactions, while also building STEM skills. Hands-on activities address natural resource use, population trends, wildlife habit, fresh water and our changing climate. Activity formats include games of strategy, cooperative-group problem-solving and role-playing simulations.
Set 2 | LEC | Facilitated by Jennifer Wyld

Tough Nut to Crack: Strategies for Serving High School Youth
Sports? Work? Friends? Extracurriculars? What is it that high school youth are doing afterschool? We will discuss several models of how programs are authentically engaging high school youth in opportunities that help inspire and equip them for their futures in college or career.
Set 1 | LEC | Panel facilitated by Brent Balog

Creating and Supporting Your Dream Team
Team Development isn’t just for your HR Department! As a leader, explore and apply best practices on how to create and then support your team members in a way that will build morale and excitement for your mission!
Set 2 | PPLD | Facilitated by Clarissa Law

The Need to Lead
Staff retention is a goal you can make a reality. Let’s unveil what you are doing to coach your staff to success and equip you with the tools you need to lead. This training will enable participants to identify the benefits of staff coaching and how it leads to success, as well as to self-assess their own leadership qualities.
Set 2 | PPLD | Facilitated by Courtney Taylor-El

Autism: Helping Staff Support Kids on Spectrum
We will cover a basic introduction to what autism is, how it presents, some of the underlying reasons for common behavior issues and implement practical procedures on how staff can help to support school-age children on the spectrum. (Same session as offered in block #3)
Set 2 | SN | Facilitated by Tobi Rates

Behavior Management as School Day Coordination Tool
This session will encourage program leaders to connect with school day practices and provide overview on essential components to include in your program around behavior management systems. Participants will explore how they might be able to build systems that help coordinate/connect school day to afterschool using behavior management systems such as Positive Behavioral Interventions and Supports (PBIS).
Set 2 | UGB | Facilitated by Ewa Chompka-Campbell

Using Growth Mindset to Inspire Student Dreams
Participants will explore how a growth mindset and SEL supports quality programs that help inspire student dreams. The session will include deeper exploration around understanding and applying growth mindset strategies when working with youth. Participants will examine how their own behavior and actions impacts students and can encourage students to utilize their unlimited potential.
Set 2 | UGB | Facilitated by Kendra Coates
Recognizing and Reducing Microaggressions in Afterschool
We will provide an understanding of what microaggressions are, how they can appear in youth and adult interactions, what role they play in building an inclusive afterschool program, and what we can do to reduce their frequency. This will also include discussion on how we can best respond when microaggressions do occur in afterschool programs for all age youth.
Set 2 | DIV | Facilitated by Bernard Rahming

Equipping Programs to Increase Student Attendance
Participants will learn how evidence based practices can be tailored within after school programs to support attendance. We want afterschool professionals to feel equipped and inspired to be partners that build vital relationships that keep kids coming back. Participants will learn more about statewide efforts, strategies being implemented, opportunities to connect, and how data can be used to support strategic collaborations as you increase communication with youth and families.
Set 1 | FCS | Facilitated by Sean Aker

Practical Family Engagement Tools
We all know that effective family engagement builds relationships and lays the foundation for more effective after school and summer programming and we also know it is hard work. Come learn with us as we explore practical tools to create authentic family engagement and how that builds stronger programs.
Set 2 | FCS | Facilitated by Lena Fox

Neuroscience and Mindfulness: How to Teach These Topics to Elementary Aged Children
During this session, we will be exploring simple, engaging and fun ways for teaching mindfulness to school age children. We will dive into neuroscience and participants will learn how to teach children about different functions of our brain, how emotions physically manifest themselves and calming strategies for when big feelings rise to the surface. The goal is for participants to receive practical ideas that they can put to use right away.
Set 2 | HGD | Facilitated by Anna Shepherd

Art and Youth Voice
This hands-on training gives afterschool facilitators tools for sharing empowering art with school-age youth. We will explore activities aligned with national art standards. We will find flexible ways to use a variety of materials, create an inclusive atmosphere for youth, explore youth voice, and offer youth skills for interacting positively in groups. Example curriculum will be provided.
Set 2 | LEC | Facilitated by Rachel Kessler

Digital Storytelling for Young'uns Part 2
This hands-on technology workshop will give participants time to explore and practice strategies and tools discussed during Part 1 session. Participants will learn how to use technology and strategies that can guide youth through the process in the future. Participants are expected to attend Part 1 to be able to participate in Part 2.
Set 2 | LEC | Facilitated by Seth Ring and Jessica Lui
Workshop Session 3, ctd. | 3:15 PM - 5:00 PM

Fostering Readers: Supporting Beginning Readers in K-3rd Grade
In this session afterschool providers will explore key elements, key strategies, and resources for planning and implementing fun, research-based literacy activities for children in K-3rd grade.
Set 2 | LEC | Facilitated by Katie Anderson

The Oregon 2020 Student Health Survey: A Tool for Communities
In 2020, the Oregon Health Authority (OHA) will roll out a new survey on school climate and student health, the Oregon Student Health Survey. The survey represents a year of collaboration with youth, educators, and other stakeholders on the design, content, and process of the survey. Participants will explore new features of the survey and how they can use this tool to advance adolescent health and wellness in their community.
Set 2 | OA | Facilitated by Wes Rivers

Stepping up on the Oregon Registry: Planning Your Professional Development Journey
So you have a Step on the Oregon Registry. That is great! Now what? What comes next? How do you move to the next Step? Join this session to examine requirements for moving up steps on the Oregon Registry, to explore strategies for completing a self assessment and to develop a professional development plan to guide the rest of your professional development journey. Bring your professional development statements from myORO so that when you leave the session you are on the right path for your continued professional development journey.
Set 2 | PPLD | Facilitated by Sarah Myers

Autism: Helping Staff Support Kids on Spectrum
We will cover a basic introduction to what autism is, how it presents, some of the underlying reasons for common behavior issues and implement practical procedures on how staff can help to support school-age children on the spectrum. (Same session as offered in block #2)
Set 2 | SN | Facilitated by Tobi Rates

Group Management and Play
In this session participants will examine how Play can be applied to group management of children in elementary afterschool programs. Participants will practice strategies for using Play in transitions, routines, and time fillers to keep children active and engaged, limiting negative behavior. For staff serving 4th-12th grade students
Set 2 | UGB | Facilitated by Kassy Rouselle

Tapping into Growth Mindset to build Quality Program Systems
Participants will explore how a growth mindset and SEL supports building quality through systems and structures. Participants will examine how systems, protocols and actions can be built upon a growth mindset approach that will encourage tapping into individual potential while sustaining a quality program.
Set 1 | UGB | Facilitated by Kendra Coates
What is OregonASK?
OregonASK Expanded Learning Partnership is the statewide afterschool network whose mission is to support, expand, and educate on quality expanded learning. We are a collaboration of public and private organizations and community members which seek to address common-issues and concerns across all expanded learning areas; child care, recreation, education, and youth development. OregonASK supports creating more quality expanded learning opportunities through connecting partners, supporting policy change, and providing professional development, such as the Oregon Afterschool Conference.

Cost of the Conference
One full day of professional development training & workshops equivalent to 6 hours of Oregon Registry credit, morning refreshments, lunch, swag bag, general membership in the National Afterschool Association and membership in OregonASK Expanded Learning Partnership. Early bird rate is $89/person until September 30th, at which point the cost is $99/person.

Payment Options
Individuals can pay online through PayPal or mail a check to OregonASK PO Box 3, Wilsonville, Oregon 97070. Programs may request an invoice for any number of individuals; invoices are expected to be paid within 30 days of distribution. Group payment arrangements should be made with helene.hancock@oregonask.org.

Session Registration
Pre-registration for sessions will be included in the initial conference registration this year. Please make sure to review session descriptions including Oregon Registry core knowledge category and set level if you are looking for specific training categories. All workshop sessions will be 90 minutes of training content & credit, workshop block 3 includes additional time for end of conference evaluation and raffles. Requests to change sessions after registration is completed should be submitted to helene.hancock@oregonask.org via email, please note that we are not able to guarantee changes once registration is complete.

Group Registration
Directions will be emailed to each group and will include a specific group registration promo code so all individuals who attend will be expected to select their own sessions online. If this is not possible, you may contact helene.hancock@oregonask.org with a specific request. If you plan to bring a large group, note that there will be a discount; if pay you for 10, you will get the 11th registration for free.
Waitlist
If one of the sessions you would like to register for is full, you can send an email with your name, contact information, and desired session to helene.hancock@oregonask.org to be added to session waitlists. You will be required to register for an alternative session but will be notified if a spot opens prior to the conference day. Depending on space availability, if you are not notified before the conference, you can inquire during registration about changing sessions.

Dietary needs
Gluten free and vegetarian options will be provided at the conference. Since we offer a buffet lunch, we are not able to always accommodate specific limitations. A final menu will be sent to all participants the week before the conference. If you have questions about whether the food might meet your needs, you can contact katie.lakey@oregonask.org. No special lunches will be provided.

Refunds
Registrations are refundable up to 4 weeks before the conference. After October 1st, refund requests will be processed as transfer to alternative attendee or carried forward for next years Oregon Afterschool Conference. If an emergency situation arises in the final week before the conference, please contact OregonASK staff to discuss alternatives not already mentioned. Final registration transfer arrangements should be made by October 28th, 2019.

Exhibitors
Exhibitors are not expected to pay any fee for the space, though we do ask if you would like to enjoy lunch alongside participants, please let juan.soto@oregonask.org know and we ask you to pay just $15 to help cover the cost. Specific arrangements about space, electricity, etc needs on the day of should be communicated to Juan as well.

Presenters
If you are planning to attend any other portion of the conference, please contact helene.hancock@oregonask.org for reduced rate PROMO Code.

AmeriCorps VISTA
Any active VISTA or AmeriCorps member is offered ½ conference registration. Please contact helene.hancock@oregonask.org to acquire your discount code.
OregonASK coordinates all of our trainings to align with the Oregon Registry system through the Oregon Center for Career Development that tracks training requirements for all licensed child care providers, including school age programs. To help meet the needs of providers, trainings are organized by Core Knowledge Category (CKC) that allows individuals to meet professional requirements. Trainings also specify the Set (1, 2, etc) that determines level of depth, Set 1 being more introductory and Set 2 providing intermediate level exploration.

All category descriptions with their abbreviations are listed below:

**DIV (Diversity)** Building knowledge in differences in race, gender, ability, age, language, family composition, culture, ethnicity, socio-economic status, sexual orientation, and/or religion

**FCS (Families & Community Systems)** Building knowledge in the complex characteristics of families and communities to help establish respectful relationships and communication with family and community members.

**HSN (Health, Safety & Nutrition)** Building knowledge in basic health, safety, and nutrition principles and practices; child abuse and neglect prevention, identification, reporting procedures, mental health, and therapeutic care.

**HGD (Human Growth & Development)** Building knowledge in social, emotional, cognitive, and physical growth and development. Learning skills in to use developmentally appropriate practices and principles in programs for children to support development and learning.

**LEC (Learning Environment & Curriculum)** Building knowledge in the relationship between physical space, activities, experiences, and materials with child behavior, growth, and development.

**OA (Observation & Assessment)** Building knowledge in culturally and linguistically responsive observation techniques, assessment tools, and documentation procedures. Acquiring skills to use observation, screening, and assessment to individualize children's learning experiences, improve the effectiveness of the learning environment, and support referrals for specialized services.

**PPLD (Personal, Professional & Leadership Development)** Building knowledge in the profession as an identified body Includes activities in leadership, advocacy, personal growth, and professional development.

**PM (Program Management)** Building knowledge in accepted business practices, legal and regulatory requirements, financial obligations, and record keeping. Acquiring skills in developing or implementing program policies, communication strategies, management plans, and sound financial practices.

**SN (Special Needs)** Building knowledge of disabilities and other special needs, related resources, regulations/laws, and inclusive practices to be able to implement inclusive and sensitive practices with children in partnership with families.

**UGB (Understanding & Guiding Behavior)** Building knowledge in developmentally and culturally appropriate guidance theories, principles, and practices to provide positive guidance in fostering self-esteem, self-regulation, constructive behavior, positive relationships, and optimal learning among children.