

Disaster Preparedness Calendar

Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
<p>Make a plan</p> <ul style="list-style-type: none"> Identify a storage area for your emergency supplies Date perishable supplies <p>Build a kit Gather:</p> <ul style="list-style-type: none"> Container(s) to store and easily transport your emergency supplies 2 gallons of water** 7 cans of nonperishable food* 1 manual can opener Permanent marker <p><i>Additional:</i> pet food, diapers, baby food</p> <p>* One per person ** One per person and pet</p>	<p>Make a plan</p> <ul style="list-style-type: none"> Identify an out-of-state contact to coordinate information for separated family members <p>Build a kit Gather:</p> <ul style="list-style-type: none"> Roll of duct tape Two heavy duty/LED flashlights with batteries Pen and paper Map of your local community Compass <p><i>Additional:</i> Extra pet leash and/or pet carrier, duplicate ID for pets, photos of pet(s)</p>	<p>Make a plan</p> <ul style="list-style-type: none"> Identify at least two places to meet after a disaster; one immediately outside the home, and a second outside of the neighborhood <p>Build a kit Gather:</p> <ul style="list-style-type: none"> 2 gallons of water** 6 cans of nonperishable food* 2 weeks of feminine hygiene products and/or adult incontinence supplies Hand sanitizer <p>* One per person ** One per person and pet</p>	<p>Make a plan</p> <ul style="list-style-type: none"> Develop a home fire escape plan (see p. 30) Test your smoke alarms and verify they are working and less than 10 years old <p>Build a kit Gather:</p> <ul style="list-style-type: none"> Premade first aid kit <i>or</i> Make your own kit (see p. 24) 	<p>Make a plan</p> <ul style="list-style-type: none"> Practice your home fire escape plan <p>Build a kit Gather:</p> <ul style="list-style-type: none"> 2 gallons of water** 8 cans of nonperishable food* 1 package of toilet paper Toothbrush* plus 1 extra Toothpaste <p>* One per person ** One per person and pet</p>	<p>Make a plan</p> <ul style="list-style-type: none"> Identify safe location(s) where you and your pets can evacuate to Develop a plan to transport pets and/or livestock <p>Build a kit Gather:</p> <ul style="list-style-type: none"> Emergency ladder for each bedroom higher than the ground level of your home
Week 13	Week 14	Week 15	Week 16	Week 17	Week 18
<p>Make a plan</p> <ul style="list-style-type: none"> Perform a home hazard safety check; secure hot water heater, bookshelves, pictures, mirrors, etc. <p>Build a kit Gather:</p> <ul style="list-style-type: none"> 2 gallons of water** 6 cans of nonperishable food* <p><i>Additional:</i> sign up for CPR/First Aid/AED training.</p> <p>* One per person ** One per person and pet</p>	<p>Make a plan</p> <ul style="list-style-type: none"> Ask about your children's school and/or daycare emergency plans. Arrange for someone to help your children if you are unavailable or at work <p>Build a kit Gather:</p> <ul style="list-style-type: none"> Pliers Screwdriver Hammer 1 box of heavy duty garbage bags 	<p>Make a plan</p> <ul style="list-style-type: none"> Identify additional supplies to create emergency kits for work and your vehicle(s) <p>Build a kit Gather:</p> <ul style="list-style-type: none"> 6 cans of nonperishable food* Antacid tablets <p>* One per person</p>	<p>Make a plan</p> <ul style="list-style-type: none"> Review your insurance agent to verify you are covered for events that are possible in your area <p>Build a kit Gather:</p> <ul style="list-style-type: none"> Cash in small denominations (\$1 and \$5 bills) Matches in a waterproof/child-safe container Crank and/or battery-operated NOAA Radio Assorted containers with lids 	<p>Make a plan</p> <ul style="list-style-type: none"> Photograph or video of all contents of home and send to a trusted out-of-town friend or family member. <p>Build a kit Gather:</p> <ul style="list-style-type: none"> 7 cans of nonperishable food* 5 rolls of paper towels Comfort food <p>* One per person</p>	<p>Make a plan</p> <ul style="list-style-type: none"> Setup a neighborhood preparedness meeting to learn about neighborhood readiness to respond when a disaster occurs <p>Build a kit Gather:</p> <ul style="list-style-type: none"> Extra cords for electronics Extra battery for cell phone Sleeping bag* Two changes of clothing* Seasonal jacket* <p>* One per person</p>

Use this calendar to get Two Weeks Ready

Week 7	Week 8	Week 9	Week 10	Week 11	Week 12
<p>Make a plan</p> <ul style="list-style-type: none"> Develop a household earthquake plan, including safe locations to drop, cover and hold-on in each room of the home <p>Build a kit Gather:</p> <ul style="list-style-type: none"> 2 gallons of water** 6 cans of non-perishable food* Selection of favorite spices in containers or zip-lock bags Plate, cup, and bowl* Knife, fork, and spoon* Food preparation utensils (spatula, large spoon, and kitchen knife) <p><i>Additional:</i> Extra baby bottles</p> <p>* One per person ** One per person and pet</p>	<p>Make a plan</p> <ul style="list-style-type: none"> Identify an out-of-state contact to coordinate information for separated family members <p>Build a kit Gather:</p> <ul style="list-style-type: none"> 2-weeks of prescription medications* Extra pair of prescription glasses or readers* Contact lens* Contact lens solution <p><i>Additional:</i> Verify all pet vaccinations are current and obtain copies of pet's medical records. Gather 2 weeks of prescription medications for pets.</p> <p>* One per person</p>	<p>Make a plan</p> <ul style="list-style-type: none"> Identify utility shut-off and teach household members how to turn off the utilities <p>Build a kit Gather:</p> <ul style="list-style-type: none"> 2 gallons of water** 6 cans of non-perishable food* <p>* One per person ** One per person and pet</p>	<p>Make a plan</p> <ul style="list-style-type: none"> Practice your home earthquake plan, including evacuating your home. <p>Build a kit Gather:</p> <ul style="list-style-type: none"> Pry bar Wrench to turn off utilities Whistle Emergency blanket* Extra batteries for flashlights <p>* One per person</p>	<p>Make a plan</p> <ul style="list-style-type: none"> Create a written list of important contacts <p>Build a kit Gather:</p> <ul style="list-style-type: none"> 2 gallons of water** 6 cans of non-perishable food* 1 box of high-energy snacks <p>* One per person ** One per person and pet</p>	<p>Make a plan</p> <ul style="list-style-type: none"> Make copies of important documents and put them into the waterproof container <p>Build a kit Gather:</p> <ul style="list-style-type: none"> Portable waterproof container with lid Small sewing/mending kit Disinfectant spray
Week 19	Week 20	Week 21	Week 22	Week 23	Week 24
<p>Make a plan</p> <ul style="list-style-type: none"> Download the Red Cross Emergency App and set it up on your smart device Sign-up for local community emergency notifications/alerts <p>Build a kit Gather:</p> <ul style="list-style-type: none"> 8 cans of non-perishable food* 2 large cans of juice* Box of facial tissues <p>* One per person ** One per person and pet</p>	<p>Make a plan</p> <ul style="list-style-type: none"> Develop a sanitation plan for your household to address hand washing and toileting <p>Build a kit Gather:</p> <ul style="list-style-type: none"> 2 five-gallon buckets with lids Plastic sheeting or tarp Activity box with games, books, puzzles, etc. Bleach and an eye-dropper 	<p>Make a plan</p> <ul style="list-style-type: none"> To help emergency responders locate your home, make sure your driveway and home is visible and your house number is clearly marked <p>Build a kit Gather:</p> <ul style="list-style-type: none"> 8 cans of non-perishable food* 1 bag of nuts <p>* One per person</p>	<p>Make a plan</p> <ul style="list-style-type: none"> Prepare your home for the change in seasons. Make sure fire places/heaters are cleaned before winter and remove flammable material away from the perimeter of your home <p>Build a kit Gather:</p> <ul style="list-style-type: none"> Plastic cling wrap Aluminum foil Utility knife Durable work gloves* Disposable dust mask* Safety goggles* <p>* One per person</p>	<p>Make a plan</p> <ul style="list-style-type: none"> Identify alternative sources for accessing, sanitizing or filtering water and add to your plan. <p>Build a kit Gather:</p> <ul style="list-style-type: none"> 8 cans of non-perishable food* 2 rolls of paper towels 1 box of high energy snacks <p>* One per person</p>	<ul style="list-style-type: none"> Begin rotating water and food that was purchased in week 1. Check the storage area for your supplies is safe and dry. Continue rotation of supplies each month to keep supplies fresh. Review planning steps and update plan as appropriate.