Mind the Gap 2020:
Featuring Sessions Facilitated by Kids Included Together (KIT)

Viviana Hernandez Saint-Louis
Inclusive Communities Education and Training Specialist, KIT

Viviana has been in the field for over 17 years, working with typically developing children and children with disabilities. She has served as a program specialist/supervisor, camp counselor, preschool teacher, and camp director and formerly served as Affiliate Coordinator at KIT. Currently, Viviana serves as KIT’s Inclusive Communities Education and Training Specialist working with Community organizations and Military programs located nationwide. Providing In-person and online training as well as technical-assistance to teachers and adults working in the childcare field, supporting them to utilize KIT services and implement inclusive practices in their programs and communities.

Viviana received her Bachelor of Science in Human Services with an emphasis on Youth Development and Community Leadership from Springfield College. She is a certified Family Support Specialist through Alliant University and National Alliance on Mental Illnesses San Diego. Viviana also currently serves as a member of the Cuyamaca College Child Development Advisory Committee in San Diego and is involved in translation and curriculum development. She enjoys time with family outdoors and enjoys teaching and learning from her daughter Lia.
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KIT: Helping Children and Youth Develop Coping Skills
There are a lot of demands placed on children in a school-age, middle school, or teen program. We see many youths having trouble managing stress in group settings. This training examines different types of coping difficulties and how they apply to program settings. Participants will practice strategies on how to teach coping skills to youth in planned and everyday activities.
Set 2 (pending) | UGB | 3 Hours | Age: Preschool/School Age
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KIT: Making Connections: Fostering Friendships for Children with or without Disabilities
The best thing that a child can gain from your program is a quality friendship. Many times, children with disabilities struggle with initiating and maintaining friendships. In this workshop, participants will learn and practice how to help all children develop their friendship skills. Participants will develop an implementation plan for their programs.
Set 2 (pending) | UGB | 3 Hours | Age: Preschool/School Age
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KIT: Planning Supports for Children and Youth with Autism Spectrum Disorder (School Age)
In this training participants will examine the impact of social communication, interaction and sensory processing when planning supports for children and youth with Autism Spectrum Disorder. Participants will be able to develop accommodation plans that match up with each child’s strengths and talents.
Set 2 | UGB | 2 Hours | Age: School Age
Facilitated by Viviana Hernandez Saint-Louis

KIT: Behavior Support Techniques and Bag of Tricks (School Age)
In this session, participants will examine and learn strategies for addressing challenging behavior. Guidelines for responding to behavior will be examined. Participants will discuss how to identify influences on behavior, define behavior problems, and develop plans to teach skills. Planning a “Bag of Tricks” that supports a wide variety of children’s needs and programming situations will be discussed.
Set 2 (pending) | UGB | 3 Hours | Age: School Age
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